

## We're asking parents to help us spread some Christmas cheer!

Our centre supports Project Rudolph, which gives Christmas dinners to families having a hard time over the festive season. The hampers will include a roast, fresh vegetables, a Christmas cake and other delicious treats. With the funds we raise, we'll buy the hampers from Aussie Farmers Direct. They will pack up all the ingredients the week before Christmas and then our friends at Foodbank, the largest food relief organisation in Australia, will deliver Project Rudolph boxes to families across Australia.

## Ask our staff how you can help this Christmas.

**SHOP FAIR EAT FRESH** 

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